

Welcome to Renee's Lymphedema Corner
By Renee Romero RN, CLT-LANA

Calling all LLCC Therapists!

For those of us certified in treating patients with Lymphedema, our world can seem miles apart from those therapists doing Lymph Drainage. The field of Lymphedema and the management of this condition is complex, demanding, and requires both manual skill as well and an incredible amount of knowledge - knowledge of what is new and changing in the field of Lymphology, new products available, insurance and billing changes, and a comprehensive understanding of the medical conditions that present in our offices, clinics, and hospitals.

People with Lymphedema have large, deformed limbs, and they can have edema in any part of the body including the genitals. Each one presents us with a challenge that involves much more than the skill in our hands.



LLCC graduates need to show that you have the skills to excel in a very competitive field with Certified Therapists from many other schools. In this field, you can never stop learning! In order to be as successful as possible and properly assist your patients, it is imperative to keep your skill level high and knowledge of what is happening in the field current.

Make sure to keep your certification current by attending the LCAR Lymphedema Review. The review will expose you to the most current information and help you keep your bandaging skills strong. You will learn about exciting new research in exercise, lymph node transplants and laser therapy. New products will be demonstrated and clarification as to when to use what for whom.

There are so many wonderful new products on the market and many of them can be used in combination with LDT to help make your therapy as effective as

possible. Also covered are happenings within the Lymphedema Framework Project and updates on the LAN and national certification.

Insurance issues are of great concern in the mind of patients and therapists. Things are continually changing and it is important to be well-versed in order to maximize coverage if it is available.

The field of Lymphology is like opening a door and traveling a new path which can be scary, challenging, and at times frustrating. While the demands placed upon us can be overwhelming, yet the results are astounding. There is so much gratification in helping someone who, more than likely, has seen many other professionals before you and has had no assistance or results. The level of excitement when a person sees their very large limb reduce to almost the size of the unaffected limb is incredible! To know that as a result of your knowledge, skill and training you have been able to affect positive, visible and life affirming changes is priceless. Keep your skills up, learn what is new and know that all your hard work is paying off in the life of your patients. That is what keeps me motivated!

Watch this corner each newsletter for updates in Lymphedema research, product information, approaches for complicated patients as well as other news pertinent for those of us dealing with these challenging cases. Submit product or patient question to jimkolkka@gmail.com so they can be answered each newsletter.